Welcome Back for the Spring Semester!

BY THE MONARCH STAFF

Greetings from the Monarch staff! We are excited to have you back for another semester. We hope you had a restful break and were able to take some time for yourselves. As we start the semester, we ask that you check-in with yourself and reflect on what you need to be successful. If need help with anything, please know that we are here to support you. This semester, Monarch staff will be hosting weekly office hours open to all students. Drop in for support with academics, financials, general resources, questions about course registration, or just to chat!

The Monarch Newsletters will be released on a bi-weekly basis to share information about upcoming events, opportunities, and resources. So stay tuned!

Join our new Monarch Canvas Page!
Check Out Our Spring Events!

We are offering a range of workshops and events this semester which will focus on mental health, career preparation, and graduate school.

Our plática series will feature two immigrant professionals who will share their personal and professional journeys and how they advocate for the immigrant community.

"You don't need to be great to get started, but you need to get started to be great."

- ZIG ZIGLAR
Start the semester off right by checking in with yourself and gaining essential skills to take care of your mental health!

Looking for a professional development opportunity?

MONARCH’S MENTAL HEALTH WORKSHOP
With Dr. Joanna Menendez, a Diversity Counseling Specialist with CMHC

January 26 at 6 pm CST

Join us to discuss how to respond to stress & engage in self-care for the undocumented community
Zoom link & ID: 931 2636 6431

MONARCH AMBASSADOR

Represent and promote the Monarch Program, foster community building amongst undocumented students.
- Develop and organize social events
- Program promotion and undocu advocacy
- Support undocu students

When? Spring 2022
How many hours? 10 hrs/wk
Pay? $15/hr
Eligibility? Any UT student

Applications due January 28th

Questions? Contact alicia.moreno@austin.utexas.edu

PLÁTICA SERIES

Feb. 7th
7-8 PM
Zoom ID: 931 2636 6431

Erika Rosales
Outreach Director, Center for DREAMers
University of Wisconsin-Madison

Erika will share her personal and professional story as an undocumented immigrant, DACA recipient, and immigration activist.
Why join our Canvas page?

Our Canvas page offers a one-stop-shop for relevant resources and information to help undocumented students navigate UT. Some modules included in our Canvas page include:

- Course Registration Resources
- Financial Resources
- Career Preparation Support
- Legal Services
- Housing Resources
- How to Get Involved on Campus
- Mental Health & Wellness
- Travel Resources

Monarch staff will make updates to information and add relevant resources as needed. We will post announcements about upcoming Monarch and campus events as well as relevant opportunities.

To ensure students safety, you will not be able to see who else is enrolled in the page. We aim to provide a confidential space to access resources.

Join our new Monarch Canvas Page!

We are accepting feedback

We want to know what resources and information you want on the Canvas page.

This is your resource.
Share your input!

Email: monarchprogramut@gmail.com

Your feedback matters!
RESOURCES SPOTLIGHT

Monarch Open Office Hours

Alicia Moreno
M: 10am - 11am
T: 2pm - 3pm

Jocie Sobieraj
T: 11am - 12pm
Th: 11am - 12pm

Office Hours Zoom ID: 921 1620 4793
Zoom Link

Beginning Jan. 24th!

Spring 2022

Latinx Voices
A Virtual Drop-in Discussion Group for Latinx-identified Students

When
Tuesday, 2-3:30pm CST

Where
Secure Zoom Meeting

All CMHC groups are free and confidential.

Latinx-identified students can discuss their experiences at UT and in their lives in an affirming and supportive environment.

Graduate and undergraduate students are welcome.

To sign up for Zoom access and group reminder, go to tinyurl.com/iceaar3d.

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Looking for a place to study? Need access to a computer or printing?

Visit the LCAE office in SSB 3.200!

This is your space!

LCAE will open on Feb. 1st