black
STUDENT–ATHLETE SUMMIT

The Mental Health of the Black Student-Athlete

JANUARY 8-10, 2020
IT'S YOUR GAME,
Let's Play To
Win

SPORTS BEHAVIORAL HEALTH
Aligning Mind with Body and Spirit
PHONE: 615-338-6341
EMAIL: sports@rossbg.com
WWW.ROSSBG.COM
Dear Colleagues,

It’s an honor to welcome you to the sixth annual Black Student-Athlete Summit, the most comprehensive national gathering on the issues related to the Black experience within college athletics and one of our university’s signature events. Like the University of Texas Division of Diversity and Community Engagement, the Summit is committed to increasing positive student outcomes and unlocking the potential of our ideas.

The theme of this year’s convening is “The Mental Health of the Black Student-Athlete,” and includes keynotes by Dr. Martin P. Smith, Duke University, and sports journalist Jemele Hill, who worked for ESPN for 12 years and is now a writer for The Atlantic.

Last year we had a several sessions on mental health and are continuing discussions this year because of the challenges and stigmas our student-athletes face when trying to address mental health issues. Managing the stress and pressures related to training and playing in college athletics while succeeding academically are compounded by racial discrimination and isolation that Black students face on predominately white college campuses.

I’d like to thank all those who are presenting research and leading discussions over the next three days. I also want to take a moment to thank all of our returning attendees, especially those who have been with us since 2015. It is because of your feedback and word-of-mouth that we have seen our attendance grow each and every year. Without you, there is no Black Student-Athlete Summit—and we are grateful for your continued support.

I also want to thank the Division of Diversity and Community Engagement’s Heman Sweatt Center for Black Males (formerly the African American Male Research Initiative or AAMRI) for its leadership and for all it does in support of our male students of color. As part of the Longhorn Center for Academic Excellence, and through our local and national partnerships, the Sweatt Center is defining how best to create and maintain a culture of Black male excellence. Thank you to Dr. Ryan Sutton and the entire team for always putting our first-generation and underrepresented male students of color before yourselves.

Finally, I would like to thank our sponsors for their support, including Texas Athletics, The Center for Sports Leadership and Innovation, The Texas Program in Sports & Media, the Ross Behavior Group, Teamworks, and the College of Education at UT Austin.

Once again, we are proud to welcome you to the University of Texas at Austin and have you join us in support of student-athletes.

Sincerely,

Leonard N. Moore
Vice President for Diversity and Community Engagement
George Littlefield Professor of American History
DAY 1

WEDNESDAY
JANUARY 8, 2020

8:30 a.m.
SESSION 01
Intersectionality of Race and Sport: Identity Race-Based Stress in Division I Black College Student-Athletes
BRITTANY COLLINS
University of Cincinnati

Racial Battle Fatigue: Identity Management Theory and the Academic Success of University of Iowa’s Black Athletes in the 60s
JOY MELODY WOODS
The University of Texas at Austin

Get Your Head in the Game: How John Henryism and Stereotype Threat Psychologically Affects Black Student-Athletes
JORDAN FIELDS
University of Pittsburgh

The Convergence of Emotional Labor and Student-Athlete Mental Wellbeing
SHAUN FLETCHER
San Jose State University

9:20 a.m.
SESSION 02
Coping with Stress as a Black Student-Athlete While Balancing Multiple Roles
MYKAL MANSWELL
Robert Morris University

Limits to Autonomy in the Student-Athlete Population and Mental Health Outcomes
AMY BANAS
University of California–Berkeley

Black Mental Health Isn’t the Same as White Mental Health
JEN FRY
JenFryTalks, LLC

Eating Disorders and the Black Athlete
ELISE KEOGHAN
Discovery Counseling

10:10 a.m.
SESSION 03
The Melanin Mask: The Emotional and Psychological Experience of Black Female-Athletes
MARLENE HOLMES
Barry University

Disrespected, Unprotected, and Neglected: Discussing the Mental Health of Black Women in Intercollegiate Athletics
AKILAH CARTER-FRANCIQUE
San Jose State University

Redefining Self After Injury: The Role of Influential Others on Black Women Student-Athletes’ Mental Health
MIRAY SEWARD
PAUL HARRIS
University of Virginia

Introducing SHEROS
TERRY WRIGHT
WHITNEY HARRIS
Ohio State University

11:10 a.m.
SESSION 04
What About the Mental Health of Coaches?
LEONARD MOORE
The University of Texas at Austin

11:50 a.m.
BREAK FOR LUNCH

12:15 p.m.
KEYNOTE LUNCH
MARTIN SMITH
Duke University

1:15 pm—5:00 pm
STUDENT-ATHLETE BREAKOUT SESSION
SESSION 05
1:30 p.m.
The Role of Allyship in the Fight
White Allies and Black Athletes in College Sports
PAUL PUTZ
MATTHEW WHITE
Baylor University

Shut Up and Listen: A White Educator’s Starter Guide for Learning About Black (Student) Athletes
KRISTY MCCRAY
Otterbein University

SESSION 06
2:00 p.m.
Some Things You Can’t Coach
Impact of Coaching Transitions on Black Student-Athletes
JONATHAN HOWE
Ohio State University

More than a Coach
AARON FLETCHER
University of Tulsa

Who You Know Not Whom You Know: The Networks of Black High School Coaches
JOSHUA CHILDS
The University of Texas at Austin

SESSION 07
2:40 p.m.
Fair Pay Play
Interest Convergence and College Athletics: A Critical Perspective
NIGEL HAIKINS
College of Marin

The Bliss and Blisters of the “Fair Pay-to-Play Act” for Black Student-Athletes
RODNEY BLACKMAN
LARRY PROCTOR
Grambling State University

Name Image and Likeness: Addressing the Missing Part of the Conversation
LUKE FEDLAM
Porter, Wright, Morris & Arthur
Moderated discussion led by Luke Fedlam

SESSION 08
3:40 p.m.
Their Narrative, Our Problem
‘I was Uncomfortable’: Are White Private Catholic Schools what They Seem?
DANIEL THOMAS
The University of Texas at Austin

Basketball Trafficking: Migration and Exploitation in Prep Basketball
JAVIER WALLACE
The University of Texas at Austin

SESSION 09
4:10 p.m.
Get with the Program
Talking, Theorizing, and Training Sports: A Cultural, Pedagogical, and Interpretive Logic Model to Modernizing Student-Athlete Development
NAMEKA BATES
University of Illinois at Urbana-Champaign

The Evolution of the Freshmen Transitional Experience at Texas A&M University
DAN CHILDS
JONATHAN WALLACE
Texas A&M University

The Black Men’s Initiative: How BMI Is Addressing the Unique Mental Health Issues of Black Student-Athletes at The University of Tulsa
CHRIS PAUL
AKAYLEB EVANS
University of Tulsa

5:00 p.m.
ADJOURN

5:15 p.m.
BUSES DEPART FOR RECEPTION

6:00 p.m.
ATHLETICS RECEPTION
Sponsored by The University of Texas at Austin Athletics

8:00 p.m.
BASKETBALL GAME
The University of Texas vs Oklahoma University
DAY 2
THURSDAY
JANUARY 9, 2020

/session 10
8:30 a.m.  Reframing the Game
Haley Brown
The University of Texas at Austin

Help the Unseen Queen: Black Females Who
Face Unique Struggles in Education
Susan Toler Carr
Justin Carr Wants World Peace Foundation

 SESSION 13
11:00 a.m.  I Used to Be a Baller: Athletic Identity
Foreclosure and the Black Athlete
Moderators:
Louis Harrison
Darren Kelly
Ryan Sutton
The University of Texas at Austin

/session 10
9:10 a.m.  Supporting a Virtually Invisible Group
Mikaela Adolphus
University of California—Davis

 SESSION 11
A Balancing Act: Examining the Intersection of
Athletic Identity and Racial Identity
SHELBY MCKAY
George Washington University

 Don’t Neglect the “and!”—#ControlYourNarrative
Julian Cape
University of South Carolina—Columbia
Drew Johnson
North Carolina Central University

 The Pulse of the Former Student-Athlete
Kimberly Bellamy
Association of American Medical Colleges
Donovan Roy
USC Keck School of Medicine

/session 11
10:00 a.m.  NETWORKING BREAK

/session 12
10:15 a.m.  The Future of Girls AAU Basketball and the
Development of Young Black Women
Fonzell Martin
Founder and Coach, Austin Elite Basketball
Tommy Gregg
Founder and Coach, Austin Elite Basketball
Ray Caldwell
Founder and Coach, SA Finest Basketball (San Antonio)
Shanice Stephens
Coach, Lady Drive Nation, Nike EYBL, Entrepreneur and
Community Activist
Kimberly Davis Powell
Essence Girls Basketball, Nike EYBL, Owner of Basketball
on the Bayou Showcase

/session 12
11:00 a.m.  How We Create the Monsters We Hunt
Chris Daughtry
From Boys to Gentlemen Mentoring

 SESSION 14
1:15 p.m.  The Road to De-Mask Us: Removing the Veil of
Hypermasculinity from the Black Athlete and
its Effects on Their Careers
Trajuan Briggs
Matt Darby
Bradley Holmes
Jarrod Barnes
Prime U

 Superhero Syndrome
Michael Willett
Tristan Reaves
WalKOn Nation, LLC

 Black Men and Trauma in Athletics
Darnell Rice
Embrace
2:15 pm—5:00 pm
STUDENT-ATHLETE
BREAKOUT SESSION

2:15 p.m.
ROSS BEHAVIORAL
GROUP

SESSION
17
Developing Youth

3:00 p.m.
Finding a Balance Between Academic and Athletic Motivation
KEITH ADAMS
CKA Save Project, Inc.

SESSION
16
When Academics Get Playing Time

Transfer Student-Athlete Success
ALEXANDRA SOMMER
Colorado State University

Athletic Academic Advisors’ Perceptions of Black Male Student-Athletes’ Mental Health Needs
RONALD A. MOSES
Old Dominion University

George Tailiaferro Sport Association:
The Impact of Diversity and Inclusion in Sport Management
L. JULIUS HANKS II
BRIAN RICHARDSON, JR.
CARRINGTON SMITH
RAMIR WILLIAMS
JOVAN WILLIAMS
Indiana University—Bloomington

4:00 p.m.
Mental Health Development in High School Black Student-Athletes
RL BOOKER, JR.
University of Kansas

Empowering Youth: Critical Pedagogy for Increasing Black Male Identity, Sport Participation, and Academic Self-Efficacy
MICHAEL MALLERY, JR.
University of Connecticut

Athlete Alliance Student-Athlete Leadership Combine
DONALD MCAULAY
University of Connecticut

Eligible or Ready? The Role of School Counselors
PAUL HARRIS
MIRAY SEWARD
University of Virginia

5:00 p.m.
ADJOURN

5:15 p.m.
BUSSES DEPART

6:00 p.m.
AN EVENING WITH JEMELE HILL
LBJ Auditorium

7:30 p.m.
RECEPTION SPONSORED BY THE LBJ FOUNDATION
The Overemphasis on Making It to the NFL for African American Collegiate Football Student-Athletes
COREY MOORE
University of Memphis

ASSISTING STUDENT-ATHLETES IN TRANSITION
SHERRINA LOFTEN
Florida State University

Grit, Goals, and Balance: Managing Life After Graduation
MARNEE GRANT
Relay Graduate School of Education

Soul of the Game: Spirituality and the Development of the Black Athlete
KEVIN WASHINGTON
The University of Texas at Austin

We’ve Come this Far by Faith: How Black Male College Athletes Experience Religion and Spirituality as a Form of Support while Attending Predominantly White Institutions
DAVID WALKER
Northeastern University

Race, Sports and Faith: The Identity Crisis of the Black Christian Student-Athlete
BRANDON CROOMS
The University of Texas at Austin

Faith, Sport, and Culture
MATTHEW WHITE
Baylor University

A Comparative Analysis of Black Athlete Mental Health Prevalence Rates in Intercollegiate Athletics
CHARLES MACAULAY
University of Connecticut

Healthy Minds and Successful Athletes: The Case for Ethical and Competent Practice Regarding Sport Psychology and Mental Health Service Provision in the Black Student-Athlete Community
CAROLYN DAVIS
Walden University

Mental Skills: A Model for Transferability of Strategies from Sport to Life
CAROLINE BRACKETTE
Mercer University

My Sporting History and Helping Professions: The Rise of Sport-Based Group Therapy
MAKAELA JONES
University of California–Berkeley

CLOSING TOWN HALL FORUM

Faith, Sport, and Culture
MATTHEW WHITE
Baylor University

10:15 a.m. NETWORKING BREAK

10:30 a.m.

12:00 p.m. ADJOURN
Emmy Award-winning journalist, Jemele Hill is a senior staff writer at The Atlantic and is the co-founder of Lodge Freeway Media.

Hill was previously the chief correspondent and senior columnist for The Undefeated, ESPN’s content initiative exploring the intersections of sports, race, and culture. While at The Undefeated, Hill wrote, conducted newsmaker interviews, and offered commentary of content for The Undefeated’s digital, television, and audio platforms. She also hosts events and other important initiatives, including The Undefeated town halls and television specials.

Prior to joining The Undefeated, Hill co-anchored SportsCenter for a year with her longtime friend and colleague Michael Smith. SC6 with Michael & Jemele debuted in February 2017 as a more personality driven approach to the traditional 6 p.m. SportsCenter. Focusing on sports, music, movies, and more, SC6 was born from Hill and Smith’s popular His & Hers podcast and weekday television show, which debuted on ESPN2 in 2014.

In August 2018, the National Association of Black Journalists awarded Hill with the Journalist of the Year Award. In July 2016, Hill participated in The President and the People: A National Conversation—a one-hour town hall with President Barack Obama on race relations, justice, policing, and equality.

Before joining ESPN, Hill was a sports columnist for the Orlando Sentinel from 2005-06—the lone African-American female sports columnist in the country.

In April of 2019, Hill debuted a new podcast on Spotify, called Jemele Hill is Unbothered. Unbothered explores the news of the day and the intersectionality between the worlds of sports, politics, music, identity, and culture. Unbothered is an honest, thought-provoking, always-entertaining analysis of American life, discussed in real-time as it unfolds. Previous guests included, Senator Kamala Harris, Ava DuVernay, Common, Ice Cube, Spike Lee, and Soledad O’Brien.

Jemele is a native of Detroit and a Michigan State alum.
COLLEGIATE BLACK MALE RETREAT
MARCH 6-8, 2020
Located: Highland Lakes Camp and Conference Center
For more information and registration visit: SWEATTCENTER.ORG

FLI
FEMALE LEADERSHIP INSTITUTE
THE UNIVERSITY OF TEXAS AT AUSTIN

FLI Interest Groups
Mondays 5-6
Gordon White Building
MEET THE
CIVIL RIGHTS PRESIDENT
AT THE
LBJ PRESIDENTIAL LIBRARY
LBJLIBRARY.ORG • OPEN 9 – 5 • FREE PARKING
Special thanks for the Summit Planning Committee, led by Dr. Leonard N. Moore, Dr. Louis Harrison, Dr. Darren Kelly, and Dr. Ryan Sutton. Special thanks to Felicia Martin for her continued support of the Summit even in her absence.