Spring Consortium Institute
Friday, February 10, 2023

Redefining Strength: Breaking Down Mental Health Barriers

Consortium Sponsors and Thought Partners

Redefining Strength: Breaking Down Mental Health Barriers
Welcome

Victor B. Sáenz, Ph.D.

Executive Director & Co-Founder, Project MALES

Acting Associate Dean for Equity and Inclusive Excellence, Chair, & Professor
College of Education, UT Austin
Institute Sponsors

DALLAS COLLEGE
MOUNTAIN VIEW

The University of Texas at Austin
Division of Diversity and Community Engagement

REDEFINING STRENGTH: BREAKING DOWN MENTAL HEALTH BARRIERS
Wi-fi Connection

• Connect to:

dcccd_wireless

Digital Agenda
<table>
<thead>
<tr>
<th>Time (All in CST)</th>
<th>Topic</th>
<th>Speaker</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 AM - 8:45 AM</td>
<td>Welcome&lt;br&gt;Dallas College Opening Remarks</td>
<td>Dr. Victor Sáenz, UT Austin&lt;br&gt;Juan C. Garcia, Dallas College</td>
<td>East Foyer, E Building</td>
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<tr>
<td>8:45 AM - 9:15 AM</td>
<td>Networking</td>
<td>Dr. Victor Sáenz, UT Austin</td>
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<td>9:15 AM - 9:25 AM</td>
<td>Transition to B Building</td>
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<tr>
<td>9:25 AM - 9:40 AM</td>
<td>Consortium Update</td>
<td>Dr. Victor Sáenz, UT Austin</td>
<td>B149, B Building</td>
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<tr>
<td>9:40 AM - 10:30 AM</td>
<td>Keynote Panel – <em>Redefining Strength: Breaking Down Mental Health Barriers</em>&lt;br&gt;Moderated by Dr. Luis Ponjuán</td>
<td>Dr. Fred Fuentes, Texas A&amp;M University-Commerce&lt;br&gt;Juan C. Garcia, Dallas College&lt;br&gt;Dr. Curtis Hill, Dallas College</td>
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<td>10:30 AM - 10:40 AM</td>
<td>Transition to breakout rooms</td>
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<tr>
<td>10:40 AM - 11:30 AM</td>
<td>Concurrent Sessions&lt;br&gt; I) South Texas Project 1 Year Update and Reporting&lt;br&gt; II) Maximizing Motivation for Meaningful Movement&lt;br&gt; III) Food &amp; Housing Insecurity: Community College Students Share Their Struggles with Basic Needs</td>
<td>Dr. Ponjuán and Research Team, UT Austin&lt;br&gt;Jeremiah Stinnet, Anand Upadhyaya, &amp; Louis Whatley, Dallas College&lt;br&gt;Linda Garcia, Center for Community College Student Engagement</td>
<td>B149&lt;br&gt;B164&lt;br&gt;B165</td>
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<td>11:30 AM - 12:00 PM</td>
<td>Transition and Lunch line</td>
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<tr>
<td>12:00 PM – 12:45 PM</td>
<td>Student Panel</td>
<td>Students, Various Institutions</td>
<td>B149</td>
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<td>12:45 PM – 1:00 PM</td>
<td>Break</td>
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<td>1:00 PM – 2:00 PM</td>
<td>Plenary Session - Finding Balance Amid the Hectic: The Importance of Self-care to Better Serve Student Populations</td>
<td>Armando Banchs, Big Thought</td>
<td>B149</td>
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<tr>
<td>2:00 PM - 3:00 PM</td>
<td>Action Items &amp; Closing Remarks</td>
<td>Dr. Luis Ponjuan, TAMU</td>
<td>B149</td>
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Institute Planning Committee

Susana Pérez
Senior Director, Campus Administration
Dallas College Mountain View

Rico Gonzalez
Admin. Program Coordinator, TECMSC

Emmet Campos, Ph.D.
Director, Project MALES

Gabriael Randle
Sr. Manager, Male Achievement Program
Dallas College Mountain View

Muñeca Torres-Rivera
Executive Assistant
Dallas College Mountain View

Juan Bosquez
Program Lead, Male Achievement Program
Dallas College Mountain View

Ricardo Campos, Ph.D.
Director, Project MALES

Gustavo Acosta
Sr. Manager, Male Achievement Program
Dallas College Mountain View

TEXAS EDUCATION CONSORTIUM for MALE STUDENTS of COLOR
Project MALES Team

Redefining Strength: Breaking Down Mental Health Barriers
Project MALES Overview

- Founded in 2010
- Multi-sector institutional partners across the State of Texas
- Thought Partners including philanthropic and community-based organizations
- Based in the Division of Diversity and Community Engagement, The University of Texas at Austin
- UGS 302 Undergraduate Signature Course
- Maymester Study Abroad Course, Puebla Mx
Consortium

- Members include: ISDs, CCs, & 4-yr. institutions (public/private)
- 30 members for 2022-23
- Advisory Council
- Professional Development Institutes
- Annual Texas Male Student Leadership Summit
- Webinar Series
- Learning Community
- Capacity-Building Tools and Activities

Redefining Strength: Breaking Down Mental Health Barriers
• Texas Male Student Leadership Summit
• Thursday & Friday, 8/10-11/23
• UT Austin Campus
Keynote Panel

Redefining Strength: Breaking Down Mental Health Barriers

Moderated by
Dr. Luis Ponjuán
Co-Founder, Project MALES
Associate Professor, Texas A&M University

Fred Fuentes, Ed.D.
Executive Director of Latinx Engagement & Outreach,
Texas A&M University-Commerce

Juan C. Garcia, M.Ed., MBA
Chief of Staff, Dallas College

Curtis Hill, Ed.D., LPC,
Professional Counselor, Dallas College

Redefining Strength: Breaking Down Mental Health Barriers
<table>
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<th>Transition to Sessions</th>
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<tr>
<td><strong>B149</strong></td>
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<tr>
<td>• South Texas Project 1 Year Update and Reporting</td>
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<td>• Dr. Luis Ponjuan &amp; Team</td>
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<td>• In this session, attendees will learn about the South Texas Project and preliminary findings from our first year of data collection/analysis.</td>
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<td><strong>B164</strong></td>
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<td>• Maximizing Motivation for Meaningful Movement</td>
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<td>• Jeremiah Stinnet, Anand Upadhyaya, &amp; Louis Whatley</td>
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<td>• An overview at how we as men manage our stress through various coping skills with available resources within schools and communities. From this conversation, attendees will take away practical techniques focusing on navigating through coping skills to employ with the young male student population.</td>
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<td><strong>B165</strong></td>
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<td>• Food &amp; Housing Insecurity: Community College Students Share Their Struggles with Basic Needs</td>
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<td>• Dr. Linda Garcia</td>
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<td>• Throughout higher education, there is an increasing concern about students of color and low-income students experiencing food insecurity, housing insecurity, and difficulty meeting other critical needs. When students struggle to meet their basic needs, learning becomes more challenging, and they are less likely to complete their education. Join us in a discussion as we explore these pressing issues at the national level and bring further attention to the students who endure these hardships.</td>
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Break
Lunch

19TH CONSORTIUM INSTITUTE | FEBRUARY 10, 2023 | DALLAS, TX

REDEFINING STRENGTH: BREAKING DOWN MENTAL HEALTH BARRIERS
Student & Partner Panel

Moderated by:
Dr. Emmet Campos
Director
Project MALES

&

Lesley Rivas
Graduate Research Assistant
Project MALES

- Rodolfo Gonzalez – DC Eastfield
- Christopher Vaughn – DC Northlake
- Chinoso Egboh – DC Brookhaven
- Joshua Howard – DC El Centro
- Mike Rodriguez – DC Mountain View
- Gilbert Herrera – San Antonio College

REDEFINING STRENGTH: BREAKING DOWN MENTAL HEALTH BARRIERS
Finding Balance Amid the Hectic: The Importance of Self-care to Better Serve Student Populations

Armando Banchs
Sr. Manager, Program Archetype, Big Thought
Review of the day and Closing

Dr. Luis Ponjuán
Co-Founder, Project MALES

REDEFINING STRENGTH: BREAKING DOWN MENTAL HEALTH BARRIERS
Report Out
Announcements

• Project MALES Webinar
  • Thursday, 3/9/23, Noon
  • Dr. David Martinez & Dr. Daniel Spikes

• Texas Male Student Leadership Summit
  • Thursday & Friday, 8/10-11/23
  • UT Austin Campus